



Cambridge Lower Secondary Checkpoint

ENGLISH

1111/01

Paper 1 Non-fiction

April 2022

INSERT

1 hour 10 minutes

INFORMATION

- This insert contains the reading passages.
- You may annotate this insert and use the blank spaces for planning. **Do not write your answers** on the insert.



This document has **4** pages. Any blank pages are indicated.

Text A

THE DRAMA AND EXCITEMENT OF THE SPRING CLASSICS CYCLING SEASON

As the European winter comes to an end, and with the Tour de France – the climax of the bike-racing season – still months away, come the spring classics. Often considered the ‘true’ cycling fan’s favourite races, these high-profile, one-day events are associated with cobbles* and chaos. Such is the nature of one-day races that riders give everything, and are more likely to attack and take risks, making these events truly exhilarating for spectators. Indeed, many riders – so-called ‘classics specialists’ – focus their seasons around these races; often a rider will hail from the area where a race takes place.

5

DEFINING ‘THE CLASSICS’ OF CYCLING

Although the classic cycle races in Europe are the most prestigious road-cycling races in the international calendar, there is, in fact, no official definition of what a ‘classic’ is. But we at Cycling World want to focus on the races that we think are the most exciting ...

10

STRADE BIANCHE – 9 MARCH

Although one of the youngest, Strade Bianche has rapidly acquired the status of a genuine classic. More than 50 kilometres of the race takes place off-road on white gravel tracks, which give the race its unique character. The growing trend for gravel riding only heightens the appeal of this early-season race.

The Strade Bianche covers 176 kilometres of the hilly terrain of southern Tuscany in Italy, finishing in the medieval city of Siena.

15

Key climb of Strade Bianche:

- **Santa Caterina:** The race culminates on this extremely steep and narrow climb up to Siena, where the race finishes.

MILAN-SAN REMO – 23 MARCH

Milan-San Remo has a long history, recently marking the 110th edition of the race. Following an epic course, it is the longest one-day race on the professional calendar. As the name suggests, the course traverses approximately 300 kilometres in north-western Italy, from the city of Milan to the coastal city of San Remo.

20

Although it is considered one for the sprinters due to its relatively flat course there are still plenty of climbs to catch out the bigger or less-prepared riders. The race has been won on many occasions by a well-timed attack from a non-sprinter in the closing kilometres, which is indeed how Vincenzo Nibali, a recent winner, sealed the deal.

25

Key Climb of Milan-San Remo:

- **Poggio:** The climb itself would not normally prove challenging; however, thanks to its proximity to the finish, it is often the springboard for attacks from climbers looking to outfox sprinters.

30

Glossary

cobbles: rounded stones, traditionally used to surface roads

Text B**Wild wheels – mountain biking heaven**

Our world-class mountain biking centres span the west of Scotland. Offering some of the best mountain biking in the country, our award-winning trails attract riders from all over the UK and beyond!

You don't have to be an experienced mountain biker to enjoy these famous trails: there are a wide range of routes suitable for everyone.

5

How to get the most out of our trails

Be ready. The trails twist quickly and turn under the shade of trees: is that a jump ahead? Am I ready for this? Am I up to it ...? Not the sort of questions you want to be asking yourself on the trail.

Be safe. Always wear a helmet and gloves and consider wearing other protective garments too. Your safety is of the utmost importance to us.

10

Be realistic. Mountain biking is inherently risky, so the best way to stay safe is by being realistic about your own ability. The trails start at easy (green) and progress to moderate (blue) to difficult (red) and severe (black).

Be primed. Take time before riding a trail to check out the trail grading information: Are you confident about what the grading means? Do you really have enough experience for your choice of trail?

15

Be prepared. You want to get out and ride the trail – but hold on a moment. Do you have a route map? Are you carrying spares – an extra inner-tube, for instance? Could you repair a bike on the trail if you need to? For longer rides you'll need high-energy food and water. And what about the weather? Do you know the forecast? Bear in mind that the weather at the trailhead might be fine, but further up the hill, it could be a lot colder. What about the trail conditions? Has it snowed or rained recently?

20

Think ahead and plan before you ride!

BLANK PAGE

Permission to reproduce items where third-party owned material protected by copyright is included has been sought and cleared where possible. Every reasonable effort has been made by the publisher (UCLES) to trace copyright holders, but if any items requiring clearance have unwittingly been included, the publisher will be pleased to make amends at the earliest possible opportunity.

To avoid the issue of disclosure of answer-related information to candidates, all copyright acknowledgements are reproduced online in the Cambridge Assessment International Education Copyright Acknowledgements Booklet. This is produced for each series of examinations and is freely available to download at www.cambridgeinternational.org after the live examination series.

Cambridge Assessment International Education is part of Cambridge Assessment. Cambridge Assessment is the brand name of the University of Cambridge Local Examinations Syndicate (UCLES), which is a department of the University of Cambridge.