



Cambridge Lower Secondary Checkpoint

ENGLISH

1111/01

Paper 1 Non-fiction

April 2020

INSERT

1 hour 10 minutes

INFORMATION

- This insert contains the reading passages.
- You may annotate this insert and use the blank spaces for planning. **Do not write your answers** on the insert.



This document has **4** pages. Blank pages are indicated.

Text A**The sky's the limit**

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Text B

Sustainable living

What is sustainable living?

Sustainable living is a lifestyle that reduces an individual's use of the Earth's **natural resources**. For example, this might mean sharing car rides or choosing to do short, daily journeys on foot rather than by car.

Why is sustainable living important?

It is critical for **human survival**. Natural resources on Earth are **limited**, and they are being **exploited** every day for the production and transport of materials and manufactured objects. In developed countries, the desire to follow the latest trends means the life-span of items such as computers or phones is decreasing. Everybody needs to act more **responsibly** now: consume less, recycle more and repair broken objects so that enough resources are left on the planet to support **future generations**.

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Is it possible to do this forever?

For a resource or material to be **sustainable**, it means that it can be produced forever. Bamboo is considered a sustainable resource as it can be produced much faster than hardwood. As long as it is replanted at a rate equal to its consumption, bamboo can be produced forever. On the other hand, plastic – mass-produced since the early 1990s and extensively overused today in packaging and food containers, toys and non-renewable bags and bottles – is an example of an **unsustainable** material. Plastic takes millions of years to decompose and waste sites are overflowing with it.

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Can one person make a difference?

Yes. Taking reusable cloth bags when **shopping** will help to reduce plastic bag consumption. Buying only locally-grown produce such as fruit and vegetables, means less fuel is consumed in transport. At **home**, switch off lights and electrical devices when they are not in use.

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